

Summer Fun

Camp Fire USA Balcones Council Project

Purpose: Provide youth with ways to continue their learning throughout the summer months.

Requirements: To get started, lightly mark the activities that sound interesting to you. As you complete an activity, check the block and write about it on the attached form (see last page). If you travel this summer, many activities can be completed on your trip. If you are in Adventure level or above, completion of some activities may also qualify for Activity Beads or Torch Bearer steps. *Activities must be done between mid-May and September 1 to qualify for a Summer Fun emblem.* When you have completed the appropriate number of activities, return the last page to your Camp Fire leader, no later than September 7th.

Trail to the Environment

- Tour the Zilker Botanical Gardens or another botanical park.
- Attend an outdoor day camp as a camper or aide for at least one week.
- Attend a resident camp for at least one week.
- Take a wildflower hike and learn the names of the wildflowers you see.
- Take a camping trip with your family. Help prepare the campsite, cook the meals and pack the gear.
- Keep a nature journal for a month: record temperatures 2-3 times a week, sketch animals you see, make notes about animal behaviors; glue in pressed leaves and flowers; add poems and quotes about nature...
- Tour the Lady Bird Johnson Wildflower Center.
- Visit Austin Nature Center, Texas Memorial Museum or other museum of natural sciences. Describe to someone something new you learned.
- Tour a State or National Park under the guidance of a Park Ranger or other trained guide.
- Create your own activity

Trail to Creativity

- Attend the Summer Musical in Zilker Park or some other musical production.
- See a stage production (a play, musical, dance or concert).
- Visit an art museum or gallery. Choose a favorite piece and describe it to someone.
- Start a scrapbook or photo album; complete 3 or more pages this summer.

- Make party goods (decorations, invitations, placemats, party games, hats) that you decorate yourself.
- Make your own simple loom and weave an article on it. Visit the library to find out how.
- Make a collage of candy wrappers, colored papers, cut-out words, or materials from nature.
- Use small stones, bits of plastic or seeds to make a mosaic design.
- Learn to make a seed-bead necklace, bracelet or ring. (Klutz beading books have excellent instructions.)
- Make a knotted hemp necklace (macramé) for yourself or a friend.
- Tie-dye a t-shirt, socks, tablecloth or other item.
- Decorate a shirt with fabric paints, buttons or fabric appliques.
- Draw or paint a landscape, seascape or buildings.
- Write and illustrate your own picture book.
- Create a drawing diary: draw a picture of something you did or felt, every day for a week.
- Follow your pet around for a day. Write about it or draw pictures of his/her adventures.
- Make a pretty arrangement of cut flowers for the dinner table.
- Put on a backyard play with friends base on a favorite story or an original idea. Make a set, find costumes and practice. Invite your family and neighbors to come to your performance. Build a birdhouse, doghouse or other wood structure.
- Create your own activity.

Trail to Knowing Me

- Volunteer to work with children at a library, children's museum, day care, etc.
- Visit someone in a nursing home at least twice.
- Spend 30 minutes picking up trash on the beach, park grounds, etc.
- Do yard work for an elderly or ill neighbor, such as pulling weeds, raking leaves, planting flowers, etc.
- Feed your neighbor's pets while they are out of town, as a friendly good deed or a paid service.
- Volunteer at the Capital Area Food Bank or a local food pantry, for a total of 4 or more hours.
- Collect electric fans for the elderly during the hot summer months.
- Volunteer at the Camp Fire office, or for another organization for a total of 2 hours.
- Find two ways each day to help a sibling for an entire week.
- Take responsibility for a daily household chore for an entire week.
- Create your own activity.

Trail to the Future

- Visit the Austin Children's Museum, the Texas Memorial Museum, the Bob Bulloch Texas State History Museum or any other museum.
- Read for 30 minutes/day for at least one week.
- Go to a library you haven't visited in a year. Find books about your favorite subject. Discover something new that you didn't know was available at the library (art? board games? CD's? Craft projects?...)
- Create your own activity.

Travel

- Keep a travel journal, adding brochures and pictures of interesting places you've been this summer.
- Learn how to read a road map. Calculate the distance for a trip you are planning (real or imagined).
- Use a means of travel that you've never experienced before (train, boat, airplane, bus).
- Go fishing with an adult.
- Visit a historical living museum. (Local museums include Jourdan Bachman Pioneer Farm and the Lyndon B. Johnson Homestead) Why is such a museum called "living"?
- Create your own activity.

Sports and Games

- Learn how to clean and lubricate your bicycle. Do it at least once this summer.
- Go roller skating, ice skating or bike riding with a friend.
- Attend a Minor League or Major League baseball game.
- Learn how to play horseshoes, croquet or shuffleboard. Keep proper score for at least one game.
- Learn how to serve a tennis ball. Complete at least 3 successful serves.
- Join a summer swim team.
- Learn to swim; or learn two strokes that you did not know before; or learn to dive off a board.
- Learn to play chess, checkers, backgammon or dominoes.
- Learn to play a new card game. Play the game several times with a friend.
- Play on a summer baseball, softball or soccer team.
- Teach younger kids a sport and practice with them regularly.
- Create your own activity.

Trail to Family and Community

- March in a parade or perform a public flag ceremony.
- Plan a Summer Fun get-together for your Camp Fire club. Invite all members
- Plant and tend a flower, vegetable or butterfly garden.
- With your family, make a fire escape plan. Choose a meeting place outside incase family members get separated. Practice your plan at least twice.
- Make a family tree. Record your ancestors as far back as possible.
- Learn to fill a car's gas tank. Check tire pressure and add air if necessary. 3rd graders and up: calculate the family car's gas mileage.
- Learn to sew on buttons and snaps or to hem pants or a skirt.
- Sew at least 15 beads and/or 4 emblems on your Ceremonial vest or gown.
- Learn to use a sewing machine and make something.
- Sort, wash, dry and fold 4 or more loads of laundry.
- Plan and cook one meal a week for 3 weeks (with adult supervision).
- Prepare 3 dishes from another culture(s). Which countries do these foods come from?
- Bake a pie using fresh summer fruits.
- Water and fertilize several house plants for 2 weeks. Learn the name of each.
- Clean out and organize your room discarding old clothes, shoes and toys.
- If you currently babysit or would like to, enroll in a babysitting course to become better trained.
- Create your own activity.

Hobbies

- Learn the value of a trading card collection. What makes a trading card valuable?
- Begin a collection: trading cards, stamps, postcards, coins, rocks, dolls, etc.
- Arrange and display your collection attractively.
- Build a plastic model of a plane, boat, space capsule, etc.
- Read one or more books about your hobby.
- Create your own activity.

Health

- Learn the seatbelt laws of Texas. Always use your seatbelt correctly.
- Learn what to do if poison is swallowed. How do you know if something is poisonous to humans?
- Equip your own first aid kit. Carry it on campouts, hikes and afternoons in the park.

- Learn how to take a temperature. What is normal body temperature? What is considered a high fever?
- Find out how to treat minor burns, including sunburn. Learn how to prevent sunburn.
- Know first aid for scratches, cuts, insect bites and other minor injuries.
- Attend a Sitter Training Class, a Red Cross Safety course or other safety instruction.
- Learn what a healthy diet is. Keep track of the food you eat for one week, and then compare it to a healthy diet. Make changes as necessary.
- Drink 8-10 glasses of water a day for one week. What effect did this have on your body?
- Create your own activity.

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SUMMER FUN

Child's Name: _____ Program Level: _____

Parent's Signature: _____ Leader and Club #: _____

STARFLIGHT	ADVENTURE	DISCOVERY	HORIZON
Complete 10 activities	Complete 15 activities	Complete 18 activities	Complete 20 activities

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.



Camp Fire USASM

Today's kids. Tomorrow's leaders.